

## **January Menu**

**Parrsboro Elem/ Jr/Sr High – Menu (Jan 3 – Jan 27)**

**Meals include 250 ml white milk.**

**Cheques made payable to Cumberland Schools Catering Society.**

	Monday	Tuesday	Wednesday	Thursday	Friday
Special \$5.00	2	3 Chicken with Rice & Veggies	4 Lasagna with Salad	5 Roast Beef Dinner	6 Chicken Nuggets with Wedges & Veggies
Special \$5.00	9 Meatballs with Rice & Veggies	10 Quesadilla with Salad	11 Chili with Roll	12 Mac & Cheese with Salad	13 Taco with Veggies
Special \$5.00	16 Chicken with Rice & Veggies	17 Corn Chowder with Biscuit	18 Spaghetti with Salad	19 Panzarotti with Salad	20 Chicken Nuggets with Wedges & Veggies
Special \$5.00	23 Meatballs with Rice & Veggies	24 Pancakes with Fruit	25 Mozza Burger with Salad	26 Squash Pear Soup with Roll	27 Taco with Veggies