

September Menu

Parrsboro Elem/ Jr/Sr High – Menu (Sept 8 – Sept 30)

Meals include 250 ml white milk.

Cheques made payable to Cumberland Schools Catering Society.

	Monday	Tuesday	Wednesday	Thursday	Friday
Special \$5.00				8 Mac & Cheese with Salad	9 Taco with Veggies
Special \$5.00	12 Chicken with Rice & Veggies	13 Pancakes with Fruit	14 Lasagna with Salad	15 Shepard's Pie	16 Taco with Veggies
Special \$5.00	19 Meatballs with Rice & Veggies	20 Spaghetti with Salad	21 Chicken Quesadilla with Veggies	22 Mozza Burger with Salad	23 Taco with Veggies
Special \$5.00	26 Chicken with Rice & Veggies	27 Shepard's Pie	28 Lasagna with Salad	29 Chili with Roll	30 Taco with Veggies