

## October Menu

Parrsboro Elem/ Jr/Sr High – Menu (Oct 2 – Oct 27)

Meals include 250 ml white milk.

Cheques made payable to Cumberland Schools Catering Society.

	Monday	Tuesday	Wednesday	Thursday	Friday
Special \$5.00	2 Chicken with Rice & Veggies	3 Chili with Roll	4 Hot Chicken Burger with Veggies	5 Grilled Cheese with Tomato Soup	6 Pulled Pork with Veggies
Special \$5.00	9 <b>Happy Thanksgiving</b>	10 Pancakes with Fruit	11 Lasagna with Salad	12 Pulled Pork with Salad	13 Chicken Nuggets with Wedges & Veggies
Special \$5.00	16 Meatballs with Rice & Veggies	17 Spaghetti with Salad	18 Chicken Quesadilla with Salad	19 Corn Chowder with Biscuit	20 Taco with Salad
Special \$5.00	23 Chicken with Rice & Veggies	24 Shepard's Pie with Biscuit	25 Mac & Cheese with Salad	26 Fish Bites with Wedges & Veggies	27 <b>In Service No School</b>