

October Menu

Parrsboro Elem/ Jr/Sr High – Menu (Oct 3 – Oct 28)

Meals include 250 ml white milk.

Cheques made payable to Cumberland Schools Catering Society.

	Monday	Tuesday	Wednesday	Thursday	Friday
Special \$5.00	3 Meatballs with Rice & Veggies	4 Mac & Cheese with Salad	5 Chicken Quesadilla with Veggies	6 Spaghetti with Salad	7 Taco with Veggies
Special \$5.00	10 Happy Thanksgiving	11 Chili with Roll	12 Lasagna with Salad	13 Mozza Burger with Salad	14 Taco with Veggies
Special \$5.00	17 Chicken with Rice & Veggies	18 Shepard's Pie	19 Chicken Quesadilla with Veggies	20 Pancakes with Fruit	21 Taco with Veggies
Special \$5.00	24 Meatballs with Rice & Veggies	25 Corn Chowder with Roll	26 Lasagna with Salad	27 Hot Chicken Burger with Veggies	28 In Service No School